MASTER TREATMENTS

System Recovery:

90 minutes - $290

Harnessing the age-old healing properties of castor oil, this full body wrap reduces abdominal discomfort, such as bloating and inflammation while effectively activating liver and bowel detox. The benefits encompass more than just the digestive tract; the treatment strengthens your immune and lymphatic systems. As you relax on a heated amethyst mat, a dry brush and foot massage help to restore flow and balance your mood.

Series of 3 - $250 ea.

Colon Hydrotherapy:

45 minutes - $110

Our colonic irrigates and exercises the colon as well as the intestinal tract by stimulating peristalsis, which is the breakdown and release of accumulated toxins and other waste including - bile, mucus, and debris that may be lodged in this important organ. Our colon hydrotherapists use a closed system to flush out toxins in this painless and important cornerstone of the We Care cleanse.

Digestive Release:

20 minutes - $55

Light abdominal pressure and manipulation stimulates movement and release congestion, improving the release of your colonic while reducing bloating, gas, or cramps.

Magnesium Detox:

90 minutes - $275

A remedy for the bundle of nerves within all of us, this wrap comprised of mineral magnesium and aloe paste is artfully applied, increasing trans-dermal absorption. An active service that imparts much needed remineralization, relieving and calming overactive nerves. An enlightening scalp and nurturing shoulder massage is performed with a warm hydrating lotion.

Lymphatic Stimulation:

60 minutes - $160 • 90 minutes - $200

A gentle yet highly effective technique that utilizes rhythmic, light-pressure movements to encourage lymphatic drainage, reduce bloating, and improve immune resilience. This specialized massage helps clear congestion, making it particularly beneficial for those experiencing fluid retention, post-travel fatigue, or sluggish circulation.

Raindrop Therapy:

75 minutes - $215

A meditative experience that combines the power of therapeutic-grade essential oils and gentle massage techniques to facilitate detoxification, strengthen immunity, and promote deep relaxation. This aromatic therapy encourages energy alignment, helping to release emotional and physical blockages.

Integrative Wellbeing - Bridgette

60 minutes - $275

A private, personalized session designed to support your physical, mental, and emotional wellbeing, helping you tune into your body's cues and cultivate a more balanced, resilient state of being. Together, you may explore your relationship with food and behaviors, work–life harmony, nervous system restoration, hormonal transitions, and lifestyle practices that support you through each phase of life. Each session includes tailored follow-up notes, one follow-up email for clarification, and the option to continue with additional remote sessions.

Nutritional Guidance - Bridgette

60 minutes - $275

A focused, diet-centered session designed to bring clarity to how you nourish your body. You'll review your current eating patterns, digestion, energy, cravings, and nutritional gaps to create a personalized food plan aligned with goals such as metabolic balance, hormone support, improved digestion, or sustainable weight management. Bridgette provides practical meal guidance and simple strategies you can implement right away. Each session includes tailored follow-up notes, one follow-up email for questions, and the option to continue with additional remote support.

United Healthy Choices - Bridgette

90 minutes - $450 – 2 Guests

A collaborative session focused on aligning therapeutic food choices and nutritional needs within shared living or family environments. Designed for couples, family members, or close friends navigating different health goals, dietary preferences, or wellness protocols, this session helps co-create a practical, supportive plan that works in real-life situations (This is not relationship counseling.) Each session includes personalized follow-up notes with tailored recommendations, one follow-up email for clarification, and the option to continue with additional remote sessions for ongoing guidance.

Somatic Shen Acupuncture - Bill:

60 minutes - $350

This personalized acupuncture experience focuses on identifying and treating the root cause of imbalance, often addressing the psycho-emotional patterns connected to physical symptoms. Using both Western and Chinese diagnostic methods, each session supports the body's natural healing response, strengthens immune function, and offers clinically proven relief from pain, stress, and chronic conditions.

Breathwork - Bill:

60 minutes - $275

This guided breathwork session uses intentional, conscious breathing to release stored emotional patterns, regulate the nervous system, and restore a deep sense of balance and vitality. By engaging the parasympathetic response through lower, diaphragmatic breath, the body shifts into a state of healing, clarity, and emotional release. Each 60-minute session begins with intention-setting and is facilitated through biodynamic, rebirthing-style breathwork to support trauma release, inner awakening, and lasting well-being.

Private Yoga:

60 minutes - $130 • 90 minutes - $180

Healthy yoga practice creates healthy joints, flexible, strong muscles and a balanced mind, body, and spirit. Your instructor creates custom yoga sequences and practices that are tailored to each individuals' goals; whether it is to reduce pain, increase flexibility and strength, or reduce stress.

BODY TECHNOLOGY

NEW – Susana's Circuit:

90 minutes - $195

Rebalance your body on a cellular level with this full-body treatment that cycles through five advanced wellness systems. Starting with a radio frequency foot detox and waistband to boost metabolism and circulation, the experience includes ActiveAir oxygen therapy, an infrared LED bed for pain relief and tissue healing, and a BEMER bed with electromagnetic stimulation. A final bio-electric treatment generates ozone-rich blood to support immune defense and enhance overall vitality.

Endermology:

35 minutes - $160

A state-of-the-art mechanized therapy that uses advanced suction and rolling technology to stimulate circulation, promote collagen production, and optimize cellular detoxification. Clinically recognized for its ability to tighten skin, improve lymphatic flow, and accelerate toxin removal, this is an ideal treatment for those seeking enhanced skin tone, reduced cellulite, and profound body rejuvenation.

Double Session: 70 minutes - $320
Series of 3 $140 ea. • Series of 5 $135 ea. • Series of 7 $125 ea.

Hydration IV:

60 minutes - $260

Containing 1000ml of saline, this session combats issues related to dehydration, sickness, or extreme lifestyle. Extra fluid can be beneficial on the hottest days here in the desert, or simply before your departure.

Radiance IV:

60 minutes - $475:

Crafted with a potent blend of premium B vitamins and methionine, this infusion delivers targeted nourishment directly into your system, promoting optimal metabolic function, strengthening your digestive system, and break down heavy metals and fat deposits.

The Myers' Cocktail IV:

60 minutes - $475:

Dip into Dr. Myers' signature and most potent blend of essential vitamins and minerals, a revitalizing elixir crafted to boost your energy, support immunity, replenish hydration, and promote further detoxification. Magnesium and calcium aid in the normal functioning of nerves and muscles, vitamin B complex aids in metabolism and conversion of food into energy, and a healthy dose of vitamin C supports your immune system and skin elasticity.

The Mini-Myers': 60 minutes - $375

PBM Therapy:

20 minutes - $90

PBM (Photobiomodulation) Therapy, also called Red Light or Low-Level Light Therapy (LLLT), involves exposing the body to specific wavelengths of red light. This non-invasive technique is often explored by individuals seeking to support energy, recovery, and overall vitality. The red and near infra-red light generated over injuries or lesions improves soft tissue healing, reduces inflammation, and relieves both acute and chronic pain.

Series of 3 $80 ea. • Series of 6 $75 ea.

BioFeedback:

60 minutes - $250

Zyto Biofeedback is a cutting-edge wellness technology that uses galvanic skin response to assess your body's energetic preferences. A hand cradle is used to scan your body's bio-communication, providing valuable insights into stressors and areas needing balance. The real-time feedback allows you to understand organ and brain function, locked emotions, heavy metal or mold exposure, parasites, hormone, and gluten or lactose intolerances.

MASSAGE

State of Wellness:

60 minutes - $180 • 90 minutes - $235

Your well-being is our utmost priority, this carefully designed practice provides an overall feeling of calm and relief from daily stressors. Aromatherapy is gently introduced to prepare the senses and unwind the mind imparting light-to-medium pressure, mindfully delivered with meditative intentional strokes.

Deep Tissue:

60 minutes - $195 • 90 minutes - $260

Cross fiber friction, strong, kneading heavy pressure and several other firm techniques work both the superficial muscles, connective tissues and those muscle fibers that lie far beneath the surface. This approach has been proven helpful for people who suffer with chronic pain or are physically active, because the session restores balance, range of motion and reestablishes structural integrity.

Thai Massage:

60 minutes - $195 • 90 minutes - $260

Improve flexibility and release muscular tension through the assisted stretching and acupressure techniques of traditional Thai Massage. This relaxing yet energizing bodywork therapy is performed over loose clothing to allow movement.

**For your comfort, loose fitting clothing is recommended*

Reflexology:

60 Minutes - $160

This traditional massage therapy technique borrows from ancient medicine and has been practiced for centuries across the globe. Feet especially carry our entire weight with little to no daily maintenance. The reflex zones are linked to vital organs, circulatory and central nervous systems. Skillful, intentional pressure will be applied to these points, releasing tension, and causing discomfort to disappear.

Cupping:

Add to State of Wellness, Deep Tissue - $50

The cupping method functions to stimulate and promote the free flow of qi and blood in the meridians. Using silicon cups, a partial vacuum is created, drawing underlying tissue unto the vessel. This kind of local congestion can drain excess fluid and toxins, loosen adhesions, lift connective tissue, and eliminate blood stagnation that may be causing pain from a deeper layer in the muscle.

CBD Oil:

Add to State of Wellness, Deep Tissue - $50

Perfect for arthritis, sore athletes, and anxiety sufferers. Our organic formula incorporates active ingredients and potent CBD blended to soothe, uplift, ease pain and support the respiratory system.

FACIAL TREATMENTS

Sublime Skin Ultra Glow & Lift Facial:

90 minutes - $230

The ultimate pro-aging facial treatment that combines both the Sublime Peel, face & eye masks, and Active Lift massage to combat thinning, dull skin and boost elasticity and density. With the Archi-lift™ technology as well as the option to address menopausal conditions, this treatment is the ultimate solution to every aging concern ensuring deep skin regeneration and renewed vitality.

Superfood Facial:

60 minutes - $160 • 90 minutes - $230

The absolute purest alternative for nourishing the face, provides your skin with vital hydration to enhance your natural beauty with a nutritional boost packed with antioxidants for smoother, plump skin. Superfoods and raw organic ingredients rejuvenate by penetrating deep into the cellular level to hypercharge radiance and skin wellness.

the holi (facial):

60 minutes - $200

A treatment focused on delivering youth-illuminating, European active ingredients for a luxurious experience that will revitalize the skin. Unparalleled formulas quench the skin with natural ingredients that replenish moisture, protect against environmental stressors, and smooth signs of aging. From precious powders to pure oils, Agent Nateur's luxurious ingredients create healthy-looking skin that radiates from within.

Palm Springs Peel:

30 minutes - $125

The epitome of natural resurfacing and a one-of-a-kind peel, grown locally in the desert. Formulated with the trifecta of acids (Lactic, Malic, and Citric) purging dull skins cells and revealing skin that defies aging. Clinically proven to refine texture, reduce sun damage and minimize wrinkles, the peel delivers results via increased circulation of oxygen enriched blood that surges to the surface skin tissue.

BODY TREATMENTS

We Care Euphoria:

120 minutes - $315

An immersive experience combining practices and treatments from our 38-year history. Indulge in a hydrating mineral bath, pulling toxins out from the body, before a full body lemongrass exfoliation. Then, a mineralizing mud body wrap is paired with a scalp massage. Finally, an aromatherapy massage leaves you euphoric!

The Body Splash:

50 minutes - $220

From an age-old Asian tradition that recognizes that a third of the body's toxins are eliminated through the skin, this full-body, warm water splash removes dead skin cells and opens pores with an exfoliating Korean mitt. Set in our tropical outdoor gazebos with scents of Desert Sage, this treatment also includes a shampoo and conditioning wash before a soothing vanilla lotion application.

Mayan Rejuvenation

90 minutes - $230

This scrub was inspired by the Mayan Civilization and their use of bark from the Mimosa tree, called Tepezcohuite. The bark is used with coconut butter and geranium oil as an exfoliant to bring a lovely glow to the skin. Tepezcohuite is known for its therapeutic properties which can aid in collagen building, eczema, psoriasis, scar tissue, and firming. While wrapped, enjoy a warm coconut oil scalp massage.

Sugar Date Polish:

60 minutes - $170 • 90 minutes - $230

Originating from Egypt, the dates we use for this incredible antioxidant scrub are locally grown here the Coachella Valley. Acting like solar energy collectors, dates absorb the sun’s energy and convert it into a complex matrix of polyphenols, antioxidants, vitamins, minerals, and nutrients that sustain the body inside and out. This scrub will help to alleviate dry, rough skin and impart a luxurious silky texture and vibrant glow.

Lemongrass Scrub:

60 minutes - $170 • 90 minutes - $230

Our most uplifting scrub, lemongrass is an incredible source of omega and pure natural sea salt. This exfoliating, detoxifying and nourishing body scrub is formulated with rich African Shea, cocoa, and virgin coconut butters. These raw butters soften and leave the skin feeling hydrated, soft, and silky. Extra fine grain European Dead Sea Salts are used to create a gentle exfoliating polish that refines, smooths, and detoxifies the skin. This is a brisk Thai scrub – stimulating and exfoliating before a luxurious skin soak and lotion application.

the holi (body):

90 minutes - $300

A resurfacing and nourishing treatment for the entire body, lactic acid washes away all remnants of dirt and pollution to deliver a balanced and luminous complexion. After a rinse, a lifting and firming balm melts into your skin and is sealed with a vitamin and antioxidant-rich serum to reduce the appearance of cellulite, stretch marks, scarring, and dryness. Wrapped on a heated amethyst mat, a high-potency topical strengthening hair-growth serum is applied in a scalp massage. Fueled with natural vitamins, minerals, oils, and plant extracts, which are always pure and never diluted, this experience is one of a kind.

Micro-Bubble Immersion:

30 minutes - $75

Enhance and accelerate your detox as you experience an all-natural and soothing micro-bubble soak in our beautiful garden setting. This warm soak is an all-natural 30-minute immersion in highly oxygenated water that improves the functioning of blood vessels and encourages the release of toxins.

**For your comfort, a bathing suit is recommended*

Series of 3 $60 ea. • Series of 5 $50 ea.

SPIRITUAL JOURNEYS

Vibrational Acu-Balance - Gina:

60 minutes - $275

A gentle, needle-free treatment using precision-tuned Ohm tuning forks (136.1 Hz – the grounding Earth/OM frequency) to harmonize body, mind, and energy. After a brief intention-setting, weighted forks are placed on key acupressure points, delivering soothing vibrations that calm the nervous system, ease tension, restore Chi flow, and clear stagnant energy. Fully clothed and deeply relaxing, this session supports stress relief, emotional release, and a lighter, more centered state, leaving you clear and recharged.

Mindrop Hypnotherapy - Gina:

60 minutes - $275

This session begins with a personalized consultation to identify your core goals. Gina then guides you into hypnosis—a relaxed, focused state—where your subconscious becomes more receptive. In this space, positive suggestions and customized visualizations help uncover fundamental ideas, shift limiting beliefs, and dissolve negative habits. You'll leave feeling clear, revitalized, and equipped with tools for real, lasting change.

Shamanic Healing - Mari:

60 minutes - $275 • 90 minutes - $325 • Couples 90 minutes - $400

Begin with a brief discussion for the focus of the session, followed by relaxing on the table as you experience deep peace using Reiki energy, sound from various instruments, drum, rattles, bowls etc. The body and spirit are deeply cleansed, balanced, and uplifted, this is powerful for clearing trauma and old energy to renew and refresh your life.

Crystal Healing - Mari:

60 minutes - $275 • 90 minutes - $325 • Couples 90 minutes - $400

Relax into a crystalline sound healing session. This treatment is a balancing of the energy centers with crystals that are placed on and around the body. To magnify the effect of deep relaxation and balancing, you will also receive sound healing using various instruments.

NEW – Spiritual Integration - Chase:

60 minutes - $275

Spiritual Integration is a personalized, intuitive experience designed to explore the deeper emotional, energetic, and spiritual patterns shaping an individual's life. Combining shadow work, conscious inquiry, energetic awareness, and intuitive guidance, these sessions help guests develop greater self-awareness, recognize unconscious patterns, and reconnect with their own inner wisdom and personal power.

Soul Vision & Astrology Reading - Chase:

60 minutes - $275

This deeply personal session uses astrology to uncover your soul's path, exploring destiny points, karmic lessons, and planetary influences on your gifts and challenges. By interpreting your birth chart, you'll gain insight into the cosmic patterns shaping your journey and the energies guiding your evolution. Discover how celestial alignments reveal your purpose, past-life connections, and opportunities for growth.

Numerology & Card Reading - Ronda:

60 minutes - $275 • 90 minutes - $325 • Couples 90 minutes - $485

Explore the deeper meaning behind the numbers that shape your life. Through an interpretation of your birth date and name, combined with an intuitive Oracle Card reading, this personalized session offers insight into your natural strengths, life path, relationships, and personal challenges. Gain a fresh perspective on where you've been, where you are now, and the possibilities ahead.

Psych-K: Psychology of Change - Cindy:

90 minutes - $300

A revolutionary approach to transform stress, change unhelpful thinking patterns, and make rapid and long-lasting change to your life. This modality is noninvasive and requires less sessions than traditional approaches which tend to work with the conscious mind. Psych-K works directly with the subconscious mind which is our auto-pilot thoughts, and behaviors.

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Soft Release Therapy - Brittany:

60 minutes - $275

Soft Release Therapy is a gentle approach to myofascial release, stretch therapy, and nervous system healing to address chronic pain, physical/emotional trauma, and overall harmony in your body, heart, and spirit. Receive blissful hands-on healing techniques that unblock your energy body while enhancing the mind's interactions with bodily function.