

TRANQUILITY

Contrast the frenzy of modern-day life and relax the mind. This series has been prepared for your highest level of relaxation, creating moments of deep wellbeing throughout the day and promoting optimal nighttime rest. Explore an iconic blend of Sweet Orange, Damascus Rose, and Cedarwood essential oils that balance calm and combat stress and tension.

NEW - Thermal Mud Wrap:

90 minutes - \$260

An intensive treatment with thermal waters from Italy, with detoxifying and anti-cellulite actions. A blend of essential oils encourages a profound purification of the tissues, while the fucus and laminaria algae promote lipolytic action. Ideal to remove accumulated toxins and restore the skin's vitality.

NEW - Deep Body Renewal:

90 minutes - \$260

A smoothing, renewing and regenerating treatment for restored tone, elasticity and hydration. An ideal treatment for skin that needs moisture and elasticity, and for those who want to contrast stretchmarks. With a regenerating and revitalizing action, the skin is left soft, luminous, and compact.

NEW - Pro-Sleep Remedy:

60 minutes - \$175

Inspired by the Indonesian Sea Malay Massage, this exceptional ritual acts in synergy with our Tranquility™ Sound and Essential Oil Blend to effectively induce a state of deep rest.

ILLUMINATION

Our most elevated pairing of body and facial treatments for an unforgettable two-part story. This luxurious series makes full use of European active ingredients and expert techniques for a visible improvement in skin's texture, clarity, and brightness.

NEW - the holi (body):

90 minutes - \$260

A resurfacing and nourishing treatment for the entire body, lactic acid washes away all remnants of dirt and pollution to deliver a balanced and luminous complexion. After a rinse, a lifting and firming balm melts into your skin and is sealed with a vitamin and antioxidant-rich serum to reduce the appearance of cellulite, stretch marks, scarring, and dryness. Wrapped on a heated amethyst mat, a high-potency topical strengthening hair-growth serum is applied in a scalp massage. Fueled with natural vitamins, minerals, oils and plant extracts, that are always pure and never diluted, this experience is one of a kind.

NEW - the holi (facial):

60 minutes - \$200

A treatment focused on delivering youth-illuminating, European active ingredients for a luxurious experience that will revitalize the skin. Unparalleled formulas quench the skin with natural ingredients that replenish moisture, protect against environmental stressors, and smooth signs of aging. From precious powders to pure oils, Agent Nateur's luxurious ingredients create healthy-looking skin that radiates from within.

MASTER TREATMENTS

System Recovery:

90 minutes - \$275

Harnessing the age-old healing properties of castor oil, this full body wrap reduces abdominal discomfort, such as bloating and inflammation while effectively activating liver and bowel detox. The benefits encompass more than just the digestive tract; the treatment strengthens your immune and lymphatic systems. As you relax on a heated amethyst mat, a dry brush and foot massage help to restore flow and balance your mood.

Series of 3 - \$230 ea.

Colon Hydrotherapy:

45 minutes - \$110

Our colonic irrigates and exercises the colon as well as the intestinal tract by stimulating peristalsis, which is the breakdown and release of accumulated toxins and other waste including - bile, mucus, and debris that may be lodged in this important organ. Our colon hydrotherapists use a closed system to flush out the toxins. The treatment is painless and an important cornerstone of a productive cleanse.

Digestive Release:

20 minutes - \$55

Light abdominal pressure and manipulation to stimulate movement and release congestion, improving the release of your colonic while reducing bloating, gas, or cramps.

Magnesium Detox:

90 minutes - \$275

A remedy for the bundle of nerves within all of us, this wrap comprised of mineral magnesium and aloe paste is artfully applied, increasing trans-dermal absorption. An active service that imparts much needed remineralization, relieving and calming overactive nerves. An enlightening scalp and nurturing shoulder massage is performed with a warm hydrating lotion.

Nutritional Guidance:

60 minutes - \$185

You have the potential to rebuild your life. Our goal is to help you connect the work you've done here with a tailored at-home plan so you can experience the unbridled joy of healthy living. In this session, we examine your habits, history, and the role nutrition plays in your daily life. With that information, we can determine benchmarks, expectations, and strategies to reach optimal energy, digestion, and immune health.

Raindrop Therapy:

75 minutes - \$215

Activate the power of botanical healing, combining nine therapeutic grade essential oils to eliminate viral and bacterial pathogens. The technique is meditative; oils are dropped in sequence along the spinal column then feathered out along neural pathways using the Tibetan Vita Flex technique.

Private Yoga:

60 minutes - \$130 • 90 minutes - \$180

A healthy yoga practice creates healthy joints, flexible, strong muscles and a balanced mind, body, and spirit. Your instructor creates custom yoga sequences and practices that are tailored to each individual's goals; whether it is to reduce pain, increase flexibility and strength, reduce stress, learn more about yogic philosophy, pranayama or yoga nidra. In the comfort of your guestroom, under the canopy of a hidden grove, or surrounded by the vast desert in the Yoga Shala.

Soft Release Therapy:

60 minutes - \$275

Soft Release Therapy is a gentle approach to myofascial release, stretch therapy, and nervous system healing to address chronic pain, physical/emotional trauma, and overall harmony in your body, heart, and spirit. Receive blissful hands-on healing techniques that unblock your energy body while enhancing the mind's interactions with bodily function.

**For your comfort, loose fitting clothing is recommended*

BODY TECHNOLOGY

Endermology:

35 minutes - \$160

The technique of endermology is a non-surgical massage treatment which is highly effective at reducing cellulite and tightening the skin. Mechanized rollers are applied to the skin, which stimulate the body's circulation and help boost lymphatic drainage.

Series of 3 \$130 ea. • Series of 5 \$125 ea. • Series of 7 \$115 ea.

Biofeedback Analysis:

60 minutes - \$200 • 90 minutes - \$250

A cutting-edge treatment that empowers individuals to take control of their health and wellness by learning to regulate their physiological responses. This advanced scan examines the whole body by measuring the frequencies of the cells, tissues, and organs. Received frequencies that indicate sick or unhealthy cells appear on a visual representation of your body. After the scan, your results are analyzed, discussed, and a treatment plan can be formed.

LED Cell Rejuvenation:

45 minutes - \$135

Magnetism, oxygen, and light created life. Reunite the elements to create harmony on a cellular level in this advanced session. BEMER therapy uses pulsed electromagnetic waves to stimulate the muscles and increase blood circulation. ActiveAir modifies the structure of the air around you so you may obtain oxygen more efficiently while regulating your resting pulse. Red and near infra-red light over injuries or lesions improves soft tissue healing, reduces inflammation and relieves both acute and chronic pain.

Series of 2 \$125 ea. • Series of 4 \$115 ea. • Series of 6 \$100 ea.

Micro-Bubble Immersion:

30 minutes - \$75

Enhance and accelerate your detox as you experience an all-natural and soothing micro-bubble soak in our beautiful garden setting. This warm soak is an all-natural 30-minute immersion in highly oxygenated water that improves the functioning of blood vessels and encourages the release of toxins.

**For your comfort, a bathing suit is recommended*

Series of 3 \$60 ea. • Series of 5 \$50 ea.

The Myers' Cocktail IV:

60 minutes - \$475:

Dip into in Dr. Myers' signature and most potent blend of essential vitamins and minerals, a revitalizing elixir crafted to boost your energy, support immunity, replenish hydration, and promote further detoxification. Each of the vitamins and minerals contained in the Myers' cocktail are important in their own way; magnesium and calcium aid in the normal functioning of nerves and muscles, vitamin B complex aids in metabolism and conversion of food into energy, and a healthy dose of vitamin C supports your immune system and skin elasticity.

The Mini-Myers': 60 minutes - \$375

Hydration IV:

60 minutes - \$260

This bag contains 1000ml of saline, combats issues related to dehydration, sickness, or extreme lifestyle. Extra fluid can be beneficial on the hottest days here in the desert, or simply before your departure.

Radiance IV:

60 minutes - \$475:

Crafted with a potent blend of premium B vitamins and methionine, this infusion delivers targeted nourishment directly into your system, promoting optimal metabolic function, strengthen your digestive system, and break down heavy metals and fat deposits.

M A S S A G E

State of Wellness:

60 minutes - \$160 • 75 minutes - \$195 • 90 minutes - \$230

Your well-being is our utmost priority, this carefully designed practice provides an overall feeling of calm and relief from daily stressors. Aromatherapy is gently introduced to prepare the senses and unwind the mind imparting light-to-medium pressure, mindfully delivered with meditative intentional strokes.

Deep Tissue:

60 minutes - \$195 • 90 minutes - \$260

Cross fiber friction, strong, kneading heavy pressure and several other firm techniques work both the superficial muscles, connective tissues and those muscle fibers that lie far beneath the surface. This approach has been proven helpful for people who suffer with chronic pain or are physically active, because the session restores balance, range of motion and reestablishes structural integrity.

Thai Massage:

60 minutes - \$195 • 90 minutes - \$260

Improve flexibility and release muscular tension through the assisted stretching and acupressure techniques of traditional Thai Massage. This relaxing yet energizing bodywork therapy is performed over loose clothing to allow movement.

**Requires loose fitting clothing*

Lymphatic Stimulation:

60 minutes - \$150 • 90 minutes - \$175

A simple variation of the technique used to treat lymphedema, our method is highly delicate, with a light rhythmic touch which stimulates the vessels under the skin and encourages lymphatic circulation and release.

Crystal Craniosacral:

45 minutes - \$150

The use of stones for healing and other various health practices have been around for as long as humanity has existed. We're combining the energetic properties of crystals with contemporary physiology to clear and balance your physical, spiritual, and emotional states. As you hold two quartz stones in your hands, your therapist uses a light touch to move the fascia and blood around your central nervous system. The therapist directs healing intent through the crystals to stimulate your body's energy systems.

Reflexology:

60 Minutes - \$160

This traditional massage therapy technique borrows from ancient medicine and has been practiced for centuries across the globe. Feet especially carry our entire weight with little to no daily maintenance. The reflex zones are linked to vital organs, circulatory and central nervous systems. Skillful, intentional pressure will be applied to these points, releasing tension, and causing discomfort to disappear.

Cupping:

Add to State of Wellness, Deep Tissue - \$50

The cupping method functions to stimulate and promote the free flow of qi and blood in the meridians. Using silicon cups, a partial vacuum is created, drawing underlying tissue unto the vessel. This kind of local congestion can drain excess fluid and toxins, loosen adhesions, lift connective tissue, and eliminate blood stagnation that may be causing pain from a deeper layer in the muscle.

CBD Oil:

Add to State of Wellness, Deep Tissue - \$50

Perfect for arthritis, sore athletes, and anxiety sufferers. Our organic formula incorporates active ingredients and potent CBD blended together to soothe, uplift, ease pain and support the respiratory system.

FACIAL TREATMENTS

NEW – Sublime Skin Ultra Glow & Lift Facial:

90 minutes - \$230

Facial treatment that combats thinning, dull skin and boosts elasticity and density. With the Archi-lift™ technology, this treatment is the ultimate solution to every aging concern ensuring deep skin regeneration and renewed vitality.

Added Sublime Skin Ultra Glow Super Peel: +30 minutes - \$125

NEW – Hydramemory Facial:

60 minutes - \$195

The ultimate treatment for deep hydration and radiance, ideal for skin stressed by heating, air-conditioning and the elements. The HydraBrush Massage transports precious Moringa Oil and Hyaluronic Acid biomimetic fragments deep into the skin.

NEW - Remedy Soothing Facial:

60 minutes - \$195

An innovative, fortifying approach to sensitive, delicate skin. With a Prebiotic from sugar beets, promoting cutaneous resilience, and Marula Oil, this facial calms skin discomfort, relieves neuroinflammation and reinforces the skin's defense.

Superfood Facial:

60 minutes - \$160 • 90 minutes - \$230

The absolute purest alternative for nourishing the face, provides your skin with vital hydration to enhance your natural beauty with a nutritional boost packed with antioxidants for smoother, plump skin. Superfoods and the raw organic ingredients rejuvenate by penetrating deep into the cellular level to hypercharge radiance and skin wellness.

Added Palm Springs Peel: +30 minutes - \$125

BODY TREATMENTS

We Care Euphoria:

120 minutes - \$315

An immersive experience combining practices and treatments from our 36-year history. Indulge in a hydrating mineral bath, pulling toxins out from the body, before a full body lemongrass exfoliation. Then, a mineralizing mud body wrap is paired with a scalp massage. Finally, an aromatherapy massage leaves you euphoric!

The Body Silk:

90 minutes - \$230

The treatment starts with a body mask consisting of Rhassoul Clay and organic coconut milk. This ancient healing clay is full of metallic elements that carry a negative charge, drawing out toxins from below the sebum layer of skin. The treatment is finished with a 30-minute massage using CBD.

The Body Splash:

50 minutes - \$220

From an age-old Asian tradition that recognizes that a third of the body's toxins are eliminated through the skin, this full-body, warm water splash removes dead skin cells and opens pores with an exfoliating mitt so your skin can release toxic waste during your fast. Set in our tropical outdoor gazebos with scents of Desert Sage, this treatment also includes a shampoo and conditioning wash before a soothing vanilla lotion application.

The Body Bomb - Ginger or Lavender:

90 minutes - \$230

Calendula flower and herbs gently permeate the full body, as a warm wrap embraces the body and a silky paste slough away impurities. Argan scalp oil is worked into the hair, producing soft, glistening, and shiny follicles. The **Ginger Bomb** awakens your senses and while alleviating inflammation. Restful and sleep-inducing, the **Lavender Bomb** coaxes the nervous system to let go of stress and unwind.

Mayan Rejuvenation

90 minutes - \$230

This scrub was inspired by the Mayan Civilization and their use of bark from the Mimosa tree, called Tepezcohuite. The bark is used with coconut butter and geranium oil as an exfoliant to bring a lovely glow to the skin. Tepezcohuite is known for its therapeutic properties which can aid in collagen building, eczema, psoriasis, scar tissue, helps firm the skin. While wrapped, enjoy a warm coconut oil scalp massage.

Stay Grounded:

90 minutes - \$230

A delightful and indulgent dose of java, this grounding scrub begins with an application of warm coconut and grapefruit oil. Proprietary coffee is used to exfoliate the body, aiding in skin tightening, and cellulite breakdown. After the scrub, you are warmly wrapped which helps reduce any water retention. While wrapped your feet are exfoliated, the scalp is massaged with warm coconut oil, and your face is gently exfoliated.

Lemongrass Scrub:

60 minutes - \$170 • 90 minutes - \$230

Our most uplifting scrub, lemongrass is an incredible source of omegas and pure natural sea salt. This exfoliating, detoxifying and nourishing body scrub is formulated with rich African Shea, cocoa, and virgin coconut butters. These raw butters soften and leave the skin feeling hydrated, soft, and silky. Extra fine grain European Dead Sea Salts are used to create a gentle exfoliating polish that refines, smooths, and detoxifies the skin. This is a brisk Thai scrub - stimulating and exfoliating before a luxurious skin soak and lotion application.

Sugar Date Polish:

60 minutes - \$170 • 90 minutes - \$230

Originating from Egypt, the dates we use for this incredible antioxidant scrub are locally grown here the Coachella Valley. Acting like solar energy collectors, dates absorb the sun's energy and convert it into a complex matrix of polyphenols, antioxidants, vitamins, minerals, and nutrients that sustain the body inside and out. This scrub will help to alleviate dry, rough skin and impart a luxurious silky texture and vibrant glow.

SPIRITUAL JOURNEYS

Reiki:

60 minutes - \$250 • 90 minutes - \$300

The traditional Japanese technique uses your body's universal energy force. Reiki is a gentle and non-invasive yet powerful method of healing, often a treatment can feel like bathing in light and warmth, leaving your mind and body re-energized.

Shamanic Healing:

60 minutes - \$250 • 90 minutes - \$300 • Couples 90 minutes - \$400

We begin with a brief discussion for the focus of the session, followed by relaxing on the table as you experience deep peace using Reiki energy, sound from various instruments, drum, rattles, bowls etc. The body and spirit are deeply cleansed, balanced, and uplifted, this is powerful for clearing trauma and old energy to renew and refresh your life.

Breathwork:

60 minutes - \$250 • 90 minutes - \$300

Breathwork is a practice that involves intentionally controlling your breath to improve your physical, mental, and emotional wellbeing. In this session, you will learn how to tap into the power of your breath to release physical and emotional blockages, enhance your creativity, and access deeper states of relaxation and inner peace.

Numerology & Card Reading:

60 minutes - \$175 • 90 minutes - \$260 • Couples 90 minutes - \$485

Like astrology, numerology is a Spiritual Law that can reveal your life purpose and destiny via your birthday and name. Using a combination of your birthdate, name, and the choices you make selecting from a grouping of Oracle Cards, we can determine your destiny. For a reading session she will work with your birthday unless the guest requests working with their name. The name does require a longer calculation time.

Crystal Healing:

60 minutes - \$250 • 90 minutes - \$300 • Couples 90 minutes - \$400

Relax into a crystalline sound healing session. This treatment is a balancing of the energy centers with crystals that are placed on and around the body. To magnify the effect of deep relaxation and balancing, you will also receive a sound healing using various instruments.

Vibrational Sound Healing:

60 minutes - \$250 • 90 minutes - \$300

Sound is not only heard through our ears but through every cell in our bodies. Sound is vibration, and vibration touch every part of our physical being. Through sound healing we are working to restore and rebalance the vibrational frequency in all the cells, tissues, and organs of the whole body, encouraging equilibrium and homeostasis.

Psych-K: Psychology of Change:

90 minutes - \$200

A revolutionary approach to transform stress, change unhelpful thinking patterns and make rapid and long-lasting change to your life. This modality is noninvasive and requires less sessions than traditional approaches which tend to work with the conscious mind. Psych-K works directly with the subconscious mind which is our auto-pilot thoughts, and behaviors.